

Reflection:

Today, the fourth Sunday of Lent, is called “Laetare” Sunday. Laetare means “to rejoice”. This Sunday, the Church exhorts us to be joyful because Christ our shepherd illuminates us, and heals our blindness.

There is much to learn today from our first reading. Samuel obeyed God by going where he was sent. Then, humbly and patiently, he followed and obeyed God’s instructions. He waited patiently until David, Jesse’s youngest son, appeared and then anointed him at God’s command. The lesson for us is to await the Lord’s will in our choices.

In the second reading St. Paul reminds us of our former state in darkness before Christ illuminated and liberated us. So he admonishes: “...live as children of light, for the effects of the light are seen in complete goodness and right living and truth.” St. Paul is saying plainly that Christ is the light that illuminates our life and living outside Him means living in darkness.

Today’s gospel passage presents us with the incident in which Jesus restored the sight of a man born blind. Here Jesus demonstrates that he cares for the well-being of his flock and especially for the sick, the weak and the marginalized. By healing him on the Sabbath, Jesus broke yet another cultural and religious barrier in order to save the blind man. Without attending to the consequences, he saw to the very important need of the blind man.

Jesus’ disciples asked him: “Rabbi, who sinned, this man or his parents, that he was born blind?” From this question, we learn that they believed that all misfortune and suffering was caused by sin. However, Jesus’ response proved otherwise. God permits some things to happen for the manifestation of his glory. In other words, this miracle revealed the power and glory of God.

What lessons can we learn from the man healed by Jesus. He was obedient to the instruction given to him: “Go wash in the pool of Siloam.” Second, he stood by the truth. In spite of all the intimidation heaped on him by the Pharisees, the man remained truthful and firm without denying Christ. He insisted that it was Jesus who healed him. According to St. John Chrysostom: “The Pharisees cast him out of the Temple; but the Lord of the Temple found him.”

Finally, Christ himself, who was obedient unto death, is our light. Whoever believes and accepts this illumination into his life is like one whose eyes were opened. The good news is that Christ liberates and heals our spiritual blindness or, to use the words of the psalm: “The Lord is my shepherd; there is nothing I shall want.”

Bishop Brendan Leahy invites you to attend the **Mass of Chrism on Wed, 1st April at 7:30 pm here in St. John’s Cathedral, Limerick**

The Diocesan Choir will sing at the Chrism Mass.

Grow Mental Health



Friendly Community based peer support groups for anyone experiencing mental health issue through 12 Step Program of connection, hope, identity by empowering people to nurture their positive wellbeing by supporting personal growth through education and self-teaching. Contact Celia 086-1526966/Www.grow.ie

Priests of the Parish

Canon Gerard Garrett
Fr Daniel Tomasik
Fr Peter Claver Emeke Eze
Fr Krzysztof Tyburowski
In residence Canon John Daly

Eucharistic Adoration
Friday’s 4pm–5.30pm in the Adoration Chapel.

Mass Times
Mon–Fri 10am, 5.45pm
Sat 10am & 6pm Vigil
Sun 8am, 10.30am, 12 noon

Confessions
Saturday 10.30am

Baptisms
Saturday 4.30pm

Recently Baptised

We welcome into the Christian Community
Michael, Marilyn and John Ryan Clifford
We wish them and their family every blessing.

Recently Deceased
We remember in our prayers
James McCormack RIP
Carol O’Reilly RIP
May they rest in eternal peace.

Cathedral Shop
Mon - Sat, 10:30am - 1pm.
Easter Cards, Sympathy cards, 1st holy communion and confirmation cards and gift sets & other religious goods available to buy.

Split the Pot Draw
Congratulations to **The Chamber Family** winner of last weekends draw. Draw Envelopes available at the back of the church. All proceeds go toward the maintenance of the Cathedral. Thank you for your support.

GERALDINES A.F.C.
GOLF CLASSIC 2026
on **Friday 3rd April**
Adare Manor Golf Club
Limerick Road Adare V94 D588

Fantastic Prizes
West to Pin

4 Ball Scramble
€300 per Team of 4 - Including Meals
Tee Box Sponsorship €50
Tee Times from 6.30am to 2.30pm
For full information on booking of Tee Times / Teams

Please Contact
Noel Kelly 087-9113238 or Joe Mc 085-2734314

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Accord Catholic Marriage Care Service providing relationship and family support for over 60 years.

BREDA CASHE AND PAT MOYLAN PRESENT

Mitch Alborn's **TUESDAYS WITH MORRIE**
by Jeffrey Hatcher and Mitch Alborn
Based on the book by Mitch Alborn

DAVID HAYMAN
FIONN FOLEY
DIRECTED BY ANDY ARNOLD

LIME TREE THEATRE, LIMERICK
WEDS APRIL 1ST, 8PM
TICKETS: €28/€25
BOX OFFICE: 061-953400
LIMETREEBELLTABLE.IE

REGENERON GREAT RUN LIMERICK

IMPORTANT NOTICE
EXPECT TRAFFIC DELAYS
SUNDAY MAY 3rd

THE ANNUAL REGENERON GREAT LIMERICK RUN TAKES PLACE ON **SUNDAY MAY 3rd**
STARTING IN PERY SQUARE WHERE THERE WILL BE THREE RACE STARTS

9.00AM..... MARATHON
11.00 AM..... HALF MARATHON
13.30PM..... 6 MILE

All races finish on O’Connell Street

THE RACE WILL INVOLVE FULL ROAD CLOSURES, & ROLLING ROAD CLOSURES PARKING RESTRICTIONS WILL ALSO APPLY
FOR MORE DETAILS CONTACT 083-326 6087 OR LOG ONTO WWW.GREATLIMERICKRUN.COM

THANK YOU FOR YOUR SUPPORT
The Bear Group, Brownsbarn Depot, Brownsbarn Ct, Kingswood, Dublin, D22 HX95

Clinic Details:

Castletroy Park hotel Tues 24th & Wed 25th Mar 4:20 pm – 7:40pm

Caherdavin Greenhills Hotel Thurs 26th March 4:20 pm – 7:40pm

Appointments can be made by calling 1800 222 111, new donors are welcome.
People who may not have donated in some time are encouraged to consider attending, and former UK residents are now also eligible to give blood.